

TOP HEALTH CARE PROFESSIONALS

SUSAN KAVALER-ADLER, PHD, ABPP, DLITT, NCPSYA

Clinical Psychologist in Private Practice

Founder, Executive Director

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NEW YORK, NY

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Dr. Kavalier-Adler has been in private practice as a clinical psychologist, psychotherapist/psychoanalyst in New York for over 40 years, offering in-person, online and telephone sessions. She is also the founder and executive director of the Object Relations Institute for Psychotherapy and Psychoanalysis, which was established in 1991, and is a senior supervisor, senior teacher and training analyst. Specialized in psychoanalytic psychotherapy, couples and groups for

therapy, mourning, supervision, self-expression and writing, Dr. Kavalier-Adler works with individuals struggling with all forms of anxiety, loss, trauma, self-sabotage and relationship issues. She has a particular interest working with those blocked from creative self-expression, interpersonal communication, intimacy and success. Known for intensive work regarding dreams and unconscious fears and desires, Dr. Kavalier-Adler listens deeply and sometimes employs her expertise in Guided Meditative Visualization. Her background as a dancer, dance therapist and writer allows her to be acutely attuned to verbal and nonverbal self-expression. She helps people to find the words to express their deepest longings, conflicts and hopes so they can move forward in life.

Dr. Kavalier-Adler has published six books and over 70 articles. Her most popular books are "The Compulsion to Create: Women Writers and Their Demon Lovers," "The Creative Mystique: From Red Shoes Frenzy to Love and Creativi-

ty," "Mourning, Spirituality and Psychic Change," "Anatomy of Regret" and "The Klein-Winnicott Dialectic: Transformative New Metapsychology and Interactive Clinical Theory." She has received 16 awards for her writing, including the prestigious Gradiva Award from the National Association for the Advancement of Psychoanalysis for "Mourning, Spirituality and Psychic Change" (Routledge 2003). She is currently working on publishing six other books.

Dr. Kavalier-Adler is a fellow of the American Board and Academy of Psychoanalysis and is on the editorial board of the International Journal of Controversial Discussions. She is affiliated with the National Association for the Advancement of Psychoanalysis, the Postgraduate Psychoanalytic Society, the Division of Psychoanalysis/APA, and the National Institute for the Psychotherapies Association. For more information, visit www.kavalieradler.com. You may also email Dr. Kavalier-Adler at drkavalieradler@gmail.com.

EDUCATION HIGHLIGHTS

After graduating with honors in psychology and literature from Syracuse University, Dr. Kavalier-Adler earned a Doctor of Philosophy in clinical psychology from the Gordon Derner Institute at Adelphi University in 1974. She is a fellow of the American Board and Academy of Psychoanalysis through the Society of Psychoanalysis and Psychoanalytic Psychology and the APA. She is certified as a clinical psychologist in the State of New York and graduated from the National Institute for the Psychotherapies for psychoanalytic training in 1981, where she also taught and supervised. In 2008, she received an honorary doctorate in literature from Ignatius University after the publication of her two internationally known Routledge books on female artists and writers.